



Wellness Sessions

Be at peace with the thoughts and emotions that arise while you create wealth.

Our belief.

- Investing in the life that we want to achieve is an emotional journey that requires both financial and non-financial tools to break generational wealth cycles.

Our service.

- We help you navigate the emotional side of money—the trauma, pain, doubt, and fear that so many people experience while defying the status quo.

Our method.

- A reflective process to empower and promote a healthy relationship with money. Based on a mix of financial therapy, Reiki and traditional healing practices

Generational wealth is more than money, it is also the belief in your personal power to create a life and legacy that makes you Feels Good..



*- Sheena S. Anthony, CEO
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